

ENTRANCE ANTIPHON

Remember your compassion, O Lord, and your merciful love, for they are from of old. Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress.

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us..... Amen.
 Lord, have mercy. Lord, have mercy.
 Christ, have mercy. Christ, have mercy.
 Lord, have mercy. Lord, have mercy.

OPENING PRAYER

O God, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ,

LITURGY OF THE WORD

FIRST READING Genesis 15:5-12. 17-18

A reading from the Book of Genesis.
 Taking Abram outside the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants' he told him. Abram put his faith in the Lord, who counted this as making him justified.

'I am the Lord' he said to him 'who brought you out of Ur of the Chaldaeans to make you heir to this land.' 'My Lord, the Lord,' Abram replied, 'how am I to know that I shall inherit it?' He said to him, 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcasses but Abram drove them off.

Now as the sun was setting Abram fell into a deep sleep and terror seized him. When the sun had set and darkness had fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms: 'To your descendants I give this land, from the wadi of Egypt to the Great River.'

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps. 26:1.7-9.13-14

R. The Lord is my light and my help.

1. The Lord is my light and my help; whom shall I fear?



- The Lord is the stronghold of my life; before whom shall I shrink? [R]
2. O Lord, hear my voice when I call; have mercy and answer. Of you my heart has spoken: 'Seek his face.' [R]
 3. It is your face, O Lord, that I seek; hide not your face. Dismiss not your servant in anger; you have been my help. [R]
 4. I am sure I shall see the Lord's goodness in the land of the living. Hope in him, hold firm and take heart. Hope in the Lord! [R]

SECOND READING Philippians 3:20 - 4:1. (Shorter form 3:17-4:1)

A reading from the letter of St Paul to the Philippians
 For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Glory and praise to you, O Christ!
From the bright cloud the Father's voice was heard: 'This is my Son, the Beloved. Listen to him.' Glory and praise to you, O Christ!

GOSPEL Luke 9:28-36

A reading from the holy Gospel according to Luke.

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus 'Master, it is wonderful for us to be here; so let us make three tents, one for you one for Moses and one for Elijah.' - He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, 'This is my Son, the Chosen One. Listen to him.' And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen. **The Gospel of the Lord. Praise to you, Lord Jesus Christ.**

NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.



God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

All bow for following three lines:
and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

LITURGY OF THE EUCHARIST

Pray brothers and sisters,
May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

May this sacrifice, O Lord, we pray, cleanse us of our faults and sanctify your faithful in body and mind for the celebration of the paschal festivities. Through Christ our Lord.

AFTER THE CONSECRATION

The mystery of faith.
We proclaim your Death, O Lord, and profess your Resurrection until you come again.

PRAYER AFTER COMMUNION

As we receive these glorious mysteries, we make thanksgiving to you, O Lord, for allowing us while still on earth to be partakers even now of the things of heaven. Through Christ our Lord.

focus on sunday

SECOND SUNDAY OF LENT - 13th March 2022

The gift of God's love and the following of Jesus is offered to all of us by God. It is a gift we struggle with, as evil in the world tempts us to live in selfishness. Today's gospel, reminds us of the glory of our calling to follow in Jesus' ways.



The transfiguration of Jesus shows him in glory and at his best. In showing his glory he speaks of his coming death and resurrection when he will show the greatest love we know.

The question can be asked – how can his body today – the body that we all are – be transfigured? How can we be the type of body that God our Father wants, as he shows us in the Transfiguration the body of his Son.

The body today is transfigured when love overcomes apathy and hatred in society, when justice prevails over unjust structure and inequality, when the body is a body of faith overcoming doubt and unbelief. We are called to be this body – and to be 'ministers of Transfiguration' of each other.

We do this in small and big ways as we can. Mary, a 'simple' woman was the first cause of the transfiguration of Jesus and without her Jesus would not have been born. In any way we bring Christ to birth and alive in our world, we are agents of the transfiguration of the body of Christ today.

In that way Mount Tabor, one possible place of the event, can be every mountain, and anywhere in the world, and each one of us can make fresh, new, and whole the Body of Christ, the Church, today.

Donal Neary SJ (Editor, Sacred Heart Messenger)